A SEMINAR/WORKSHOP FOR NW WOODS RESIDENTS: CHOOSING A DOCTOR, HOSPITAL OR HEALTH PLAN

Wednesday, April 26 @ 6:15 PM: Peter Wadsworth, author of <u>FINDING THE BEST HEALTHCARE YOU</u> <u>CAN AFFORD</u>, has offered to conduct a seminar and workshop to discuss how Norwest Woods residents can find the best, most affordable healthcare nearby.

THE SEMINAR

Norwood has so many nearby healthcare resources that the choices can be overwhelming. The seminar will summarize the findings of his research report, which focuses on:

- ➤ <u>Choosing a Primary Care Doctor</u> within 5 miles of Norwest Woods and a <u>Specialist</u> or <u>Surgeon</u> within 15 miles, including a discussion of group practices vs. solo practitioners.
- ➤ Choosing a Hospital (from among 17 within 15 miles) based on quality, safety and patient satisfaction.
- ➤ Choosing the most affordable, high quality Health Plan, taking into account both premiums, out-of-pocket costs and quality of services.
- ➤ Choosing the best Emergency Room considering both travel and waiting time. (It may not be the one you're thinking of.)

WHO MIGHT WANT TO ATTEND

- You recently moved to Massachusetts from out-of-state.
- You don't have a primary care doctor.
- You're looking for a specialist or a surgeon.
- You're pregnant.
- You are Medicare eligible and looking for supplemental coverage.
- You or a loved one has heart problems
- You or a loved one may have cancer.

For more information visit www. FINDINGTHEBESTHEALTHCARE.COM

THE AUTHOR

With over 25 years of experience as a health insurance executive, investment banker, financial and strategic advisor to some of the most prominent HMOs and voluntary hospitals in the country, including Harvard Community Health Plan (now Harvard Pilgrim), Mr. Wadsworth has been invited to present to such groups as the American Association of Health Plans, the National Health Lawyers Association, the Group Health Institute and Columbia University.



When: Wednesday, April 26 @ 6:15 PM

Where: The Lounge @ One Northwest Woods; Refreshments and light snacks will be served